

WHAT IS CLAIMED IS:

1. A seat slide comprising:

a first guide;

a second guide configured to be guided by the first guide,

5 the second guide supporting a seat;

a leading member configured to move the second guide  
relative to the first guide;

a cap mounted to the second guide,

the cap comprising:

10 a first support for supporting the leading member;

and

a second support extending from the first support  
for supporting the second guide.

2. The seat slide according to claim 1,

15 wherein the cap covers an end of the second guide.

3. The seat slide according to claim 1,

wherein second supports extend symmetrically relative to  
the first support.

4. The seat slide according to claim 1,

20 wherein the cap comprises a first wall facing the end of  
the second guide, the first wall being formed as a unit with  
one of the first and second supports.

5. The seat slide according to claim 4,

wherein the second guide includes a first locking part,

25 and

